

VSHP Charter Member J.C. Almond

It is with a heavy heart that we report that Dr. Joseph C. Almond passed away on July 31, 2009 in Newport News, VA. Known to everyone as 'JC', he was one of the charter members of VSHP (known then as the Virginia Hospital Pharmacist Association). JC was a constant figure at every VSHP Seminar and the local Tidewater Chapter meetings. He enjoyed meeting and mentoring young, new pharmacists. A continual drive to keep learning was also an important influence in JC's life. He obtained degrees in not only Pharmacy, but also health care administration, pharmacy law and advanced pharmacology. Devoting most of his life to healthcare, JC began his hospital pharmacy career in 1953 as the only pharmacist on staff at what is now known as Riverside Medical Center in Newport News, VA.

Not many people fall in love with their first job and work there until they retire, but J. C. Almond is an exception. Dr. Almond served in the capacity of chief pharmacist and director of pharmacy services at Riverside hospital from 1953 until he retired in 1985. During this time he supervised complete pharmacy services in three-satellite hospitals. He orchestrated and administered annual budgets and formularies, participated in utilization reviews and the development of extensive training programs in overlapping areas of health care. He took a part-time job with Hampton Veterans Hospital in Virginia, after he retired in 1985. He worked as a consulting pharmacist with the VA for over 4 years.

Besides being a Charter Member of VSHP, he was a lifetime member of the Virginia Pharmacists Association, and the Virginia Health Care Association. Dr. JC Almond's life in pharmacy was the subject of a newsletter article in the Summer 2006 issue of VSHP Pharmacy News.

Virginia Health-System Pharmacy News

September/October 2009

New, Improved VSHP Web Site

The VSHP website has received a complete renovation and presents a brand new face for the Society. Along with the clean, flashy look, the website has many new features. For example, you can register for the our Seminars directly through the website. It's as easy as filling a prescription. Check it out and save yourself a stamp. Other features include updated

news feeds, a site search box feature, online membership renewals, links to past newsletters, and several other great enhancements. Go to www.vshp.org for a firsthand look (expected to launch in late August). If you need an email address or password update that the site's self-help cannot handle, send your updated email address to vshp@aol.com for a fix.

The screenshot shows the VSHP website homepage. At the top is the VSHP logo and the text "Virginia Society of Health-System Pharmacists". Below this is a search bar and a navigation menu with tabs for Home, Events, News, Membership, Career Center, Resources, and Contact. The main content area is divided into several sections: "Affiliates" with links to "AHP Drug Shortages", "DrugCostH2O", "ISMP", and "Virginia Board of Pharmacy"; "Member Login" with fields for Username and Password, a "Remember me" checkbox, and "Sign In" and "Forgot login?" buttons; "Website Update" with a paragraph about the site's renovation; "PAC Silent Auction at Fall Seminar" with details about the auction; "VSHP Fall Seminar Set for October 22 - 24" with information about the seminar dates and topics; and "Latest News" with several news items including "Poison Control Centers Suffer State Budget Cuts", "States' financial woes have hit regional poison control centers hard", "Telehealth Approved for Serious Skin Infections", "Theravance Inc. on Friday announced that FDA has approved the...", "Fiscally Challenged Drug-Donation Programs Help Needy Working Residents", "The ability to help patients who cannot afford their medications...", "Portex Uncuffed Pediatric-Sized Tracheal Tubes (sizes 2.5, 3.0 and 3.5 mm)", "Nationwide recall due to risk of obstruction and INBIBs to...", and "Covidien Pedi-Cap End-Tidal CO2 Detector".

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From The President

Stephen LaHaye



VSHHP held its annual Board of Director's retreat at the Hampton Inn in Lexington on June 26-27. We started the retreat with a presentation by Amag Pharmaceuticals and immediately got down to business with the Board of Directors Meeting. We discussed improvements to the VSHP website, the VSHP Research Foundation, new practitioner Outreach (more on this later) and conducted the general business of the organization. At the end of the meeting, the new VSHP state and regional officers were sworn in. The formal swearing-in ceremony will occur before the full VSHP Membership at the Fall Seminar.

Our featured speaker this year was Peggy Hoffman, President of Mariner Management and Marketing who presented *Powering up the Volunteer Team*. I have to admit, the presentation was enlightening and will probably change the way VSHP does business when asking for volunteers. How you ask? Take me for example. When someone asks me to volunteer for something, a couple of questions usually cross my mind. Do I have any previous experience with the subject/activity in question? How am I going to balance this with existing work and family commitments?

If someone would call me today and say, "Stephen, we would like you to volunteer to be the editor of our organization's newsletter", I would probably decline. However, if someone said, "Stephen, we see you are registered for the Fall Seminar and we understand that you are interested in photography. Would you be willing to bring your camera and take a few photos for our newsletter?" I might be more willing. Think about it. I'm already going, I like to take pictures, and it is a finite commitment – a few pictures and I'm done. I can do this!

Would you be willing to work one hour at the Fall or Spring Seminar at the check-in desk with another person who has done it before? Would you like to introduce a speaker at one of the CE presentations? Would you like to take pictures for the newsletter? Have you run across an especially interesting patient case that we can use for the Clinical Skills Competition at next year's Fall Seminar? My message to you today is that you do not have to start volunteering as a state or regional officer or committee chair. VSHP can use your help with a number of smaller, finite tasks. You may not realize it, but every little bit does help.

Day Two of the retreat began with a discussion of the changing face of continuing education. Over the last two years, changes in ACPE documentation of CE for pharmacists versus technicians and more restrictive PhRMA rules on how educational grants are submitted and approved have severely impacted VSHP regional CE offerings. VSHP remains committed to providing quality continuing education programs for members. We may have to change the way we do business a little through the incorporation of webinars / teleconferences and box lunches versus the traditional sit-down dinner presentations, but we will work through it together.

"The best laid plans of mice and men go often askew"... at least when they involve agendas.

The agenda for the rest of the day was supposed to have the group divide into breakout sessions to discuss various aspects of the previous day's presentation on volunteerism. We decided to go a step further. Rather than asking how can we get more members willing to volunteer, we instead posed the question of what activities can we provide to get members more en-

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VIRGINIA HEALTH-SYSTEM PHARMACY NEWS

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Calendar

- Oct 18-21:** ACCP Annual Meeting, Anaheim, CA www.accp.com
- Oct 22-24:** VSHP Fall Seminar, Newport News www.vshp.org
- Oct 23:** VSHP Annual Awards Banquet, Newport News www.vshp.org
- Oct 25-27:** NCPHA Annual Meeting, Research Triangle Park, NC www.ncpharmacists.org
- Oct 26-29:** Joint Forces Pharmacy Seminar, Reno, NV www.pharmacist.com
- Nov 18-20:** ASCP Annual Meeting, Anaheim, CA www.ascp.com
- Dec 7:** VSHP Midyear Reception, Las Vegas, NV www.vshp.org
- Dec 6-10:** ASHP Midyear Clinical Meeting, Las Vegas, NV www.ashp.org
- Nov 5-6:** P&T Society 9th Annual Conference, National Harbor, MD
POC: jeff.carlisle@tpger.com

2009 FALL SEMINAR AGENDA

Thursday, October 22

- 12:00-1:00 pm Political Action Committee Board of Trustees Meeting
- 1:00-5:00pm VSHP Board of Directors Meeting (Open to All Members)
- 5:30-6:00 pm Cocktail Reception for VSHP Officers and Past Presidents Only
- 6:00 pm Past Presidents' Banquet by Invitation only Sponsored by Roche Laboratories

Friday, October 23

- 7:00-8:30 am Registration/Breakfast
- 8:30-9:30 am Past, Present and Future of Pandemic Influenza
ACPE #108-000-09-000-L01-P (.10 CEU)
- 9:30-10:30 am Pharmacogenomics Today
ACPE #108-000-09-000-L01-P (.10 CEU)
- 10:30-10:45 am Break
- 10:45-11:45 pm Battling Fear and Darkness (a.k.a. Anxiety and Depression)
ACPE #108-000-09-000-L01-P (.10 CEU)
- 11:45-12:45 pm Post-Traumatic Stress Disorder in Veterans
ACPE #108-000-09-000-L01-P (.10 CEU)
- 12:45-2:30 pm Exhibits/Lunch
- 2:30-3:30 pm Reader's Digest Hero of the Year – Lieutenant Colonel Greg Gadson
- 3:30-5:00 pm Clinical Pearls: HCA Health Systems
ACPE #108-000-09-000-L01-P (.15 CEU)
- 5:00-7:00 pm Exhibit Program

- 7:00-7:45 pm Meeting the Challenge of Today's Hospital Infections
Dinner Presentation

- 7:45 – 9:45 pm Awards Banquet

Saturday, October 24

- 7:00-8:15 am Breakfast Presentation
- 8:30-9:30 pm Crohn's Disease: Basic Science of Biologics
ACPE #108-000-09-000-L01-P (.10 CEU)
- 9:30-10:30 pm Managing Pre-existing Conditions During Pregnancy
ACPE #108-000-09-000-L01-P (.10 CEU)
- 10:30-10:45 am Break
- 10:45-11:45 pm Environmental Scan 2009 and Healthcare Reform
ACPE #108-000-09-000-L04-P (.10 CEU)
- 11:45-12:45 pm New Drug Therapies for Idiopathic Thrombocytopenia Purpura (ITP) in Adults
ACPE #108-000-09-000-L01-P (.10 CEU)
- 12:45-2:15 pm ASHP Lunch Symposium
Prevention and Treatment of Febrile Neutropenia in Oncology Patients
204-000-09-427-L01P (.10 CEU)
- 2:15-3:45 pm Understanding and Managing Fibromyalgia with a Patient's Perspective
ACPE #108-000-09-000-L01-P (.15 CEU)
- 3:45 – 4:45 pm Atrial Fibrillation: An Escalating Cardiovascular Disease with Significant Clinical and Economic Consequences
ACPE #108-000-09-000-L01-P (.10 CEU)

Call for Nominations

The Selection Committee is seeking nominations from our membership for the VSHP Pharmacist of the Year, Clinical Practice Achievement, New Practitioner of the Year and the Technician of the Year Awards. Please consider nominating a colleague(s) for these awards. Submit your nominations with a brief summary of the nominee's contributions using the following criteria:

Pharmacist of the Year

- Service to the profession of pharmacy, specifically health-system pharmacy.
- Contributions to pharmacy programs within the Commonwealth.
- Cooperation and contributions to the health-care team.
- Recognized by the profession as a leader within pharmacy.
- Service to the community.

Clinical Pharmacy Practice Achievement Award

- Presented to one or more VSHP members who have made a recent contribution (within the last two years) to the development and provision of a patient-oriented pharmacy service.
- The contribution shall involve direct patient care and/or public visibility in some capacity.
- The contribution shall have a measurable or predictable effect on patient care outcomes.

- Contributions can represent the innovative efforts of an individual or a group of individuals.

New Practitioner of the Year

- Earned his/her first pharmacy degree within the previous 5 years.
- Supports VSHP by membership, meeting attendance, and participation.
- Promotes the pharmacy profession within the Commonwealth.
- Provides service to community.
- Demonstrates superior leadership, innovation, clinical skill or other talent compared to other new practitioners.

Technician of the Year

- Service to the profession as a Pharmacy Technician.
- Must be a Certified Pharmacy Technician.
- Contributions to pharmacy programs within the Commonwealth.
- Cooperation and contributions to the health-care team.
- Recognized by the profession as a leader within pharmacy.
- Service to the community.

Please submit your nomination(s) by October 10 by fax at (703) 323-5233 or by email at VSHP@aol.com, Attention: Selection Committee. Act now to recognize a colleague or friend for their service and commitment to the profession of pharmacy.

Continuing Education Learning Objectives:

Past, Present, and Future of Pandemic Influenza

Amanda Colquitt Hansen, Pharm.D.
Infectious Diseases Clinical Specialist
Carilion Roanoke Memorial Hospital

- Define the epidemiology associated with pandemic influenza.
- Describe the pathophysiology of pandemic influenza.
- Compare and contrast treatment and prophylaxis strategies for patients affected by pandemic influenza.
- Illustrate the pharmacist's responsibilities in pandemic influenza preparation.

Pharmacogenomics Today

Robert S. Kidd, Pharm.D., Ph.D.
Professor and Chair
Department of Biopharmaceutical Sciences
Bernard J. Dunn School of Pharmacy

- Summarize the prevalence of adverse drug events and the economic consequences.
- Identify patient scenarios where pharmacogenomic testing could prove valuable in the clinical setting.
- Given a patient case scenario, select the relevant pharmacogenomic test(s).
- Interpret the results of a typical pharmacogenomic test report.

Battling Fear and Darkness (a.k.a. Anxiety and Depression)

Stephen J. Ingram, R.Ph., BCPP
Clinical Pharmacy Specialist
Department of Psychiatry and Behavioral Medicine
Carilion Clinic Saint Albans Hospital

- Define the interaction between anxiety and depression.
- Describe the mechanisms of action of the antidepressants.
- Identify anxiolytic target symptoms.
- Outline the use of antidepressants to treat depression and anxiety.
- Outline strategies to overcome treatment resistant depression.

Forever at War:

The Pharmacotherapy of PTSD in Veterans

- Martin P. Cruz, Pharm.D., CGP, BCPP
Clinical Pharmacy Specialist
Hampton U.S. Department of Veterans Affairs Medical Center
- Given sample cases, evaluate whether the patient meets DSM-IV-TR criteria for post-traumatic stress disorder (PTSD).
 - Analyze the differences and vulnerability of combat veterans suffering from PTSD among other populations.
 - Identify the common rating scales used to assess symptoms of PTSD.
 - Design a plan to initiate and monitor pharmacotherapy and nonpharmacologic therapy in patients with PTSD based on presenting target symptoms and comorbid disease states.
 - Summarize pharmacotherapy of PTSD in combat veterans among special populations (e.g., pregnancy, elderly).
 - Develop optimal patient education to facilitate safe and effective pharmacotherapy in patients taking psychotropics in the management of PTSD.
 - Identify ongoing studies and future therapy involved with PTSD.

Clinical Pearls

Chemotherapy Induced Nausea And Vomiting-A Review

Jason Sarashinsky, Pharm.D., BCPS
Oncology Clinical Specialist
CJW Medical Center

- Describe the neurophysiology of chemotherapy-induced nausea and vomiting.

- List the available antiemetic agents used in the treatment of chemotherapy-induced nausea and vomiting.
- Summarize the current guidelines for treatment of chemotherapy-induced nausea and vomiting.

Management of Depression with Concurrent Coronary Heart Disease

Megan Sarashinsky, Pharm.D., BCPP
Psychiatry Clinical Specialist
CJW Medical Center, Chippenham Campus

- Describe the links between depression and cardiac disease.
- Identify treatment options for the management of depression with concurrent coronary heart disease.
- List cardiac effects of antidepressant medications.

Use of Inhaled Treprostinil

Lori C. Dupree, Pharm.D., BCPS
President
Clincomm Consulting, LLC

- Identify the indications for use of inhaled treprostinil.
- List the warnings and precautions for use of inhaled treprostinil.
- Describe administration issues associated with inhaled treprostinil therapy.

Prevention and Treatment of Ganciclovir-Resistant CMV Disease

Christina L. Olmsted, Pharm.D.
Kidney Transplant Clinical Specialist
Henrico Doctors' Hospital

- Describe the risk factors, mechanism for development, and resulting impact of ganciclovir-resistant CMV.
- Summarize current strategies for treatment and prevention of ganciclovir-resistant CMV disease.

Evidence: Not That Everyone Requires Entereg Globally

Cheryl H. Nelson, Pharm.D.
Pharmacy Clinical Manager
Retreat Hospital

- Ascertain place for Entereg in pharmaceutical armamentarium.
- Assess cost/benefit ratio of Entereg therapy.
- Create strategies to ensure appropriate use of Entereg.
- Demonstrate familiarity with frequent issues surrounding the use of Entereg.

Proton Pump Inhibitors: Saving the Stomach While Busting the Bones?

Eve Bell, Pharm.D.
Internal Medicine Clinical Specialist
Henrico Doctors' Hospital - Forest

- Describe the mechanism of the proposed interaction between proton pump inhibitors (PPIs) and bone health.
- Examine the available data concerning deleterious bone effects in association with PPI use.
- Identify potential risk factors for increased association of deleterious bone effects.
- Present options for the management of patients receiving PPIs outpatient.



Crohn's Disease: Basic Science to Biologics

Ray F. Keate, M.D., FACP, FACG
Vice President
Richmond Gastroenterology Associates Inc.

- Describe the cellular mechanisms of inflammation and disease.
- Define the mechanism of action of each medication.
- List the complications and/or side effects of each drug or drug category.

Continuing Education Learning Objectives:

Managing Pre-existing Conditions During Pregnancy

Julie J. Kelsey, Pharm.D.

Clinical Pharmacy Specialist, Women's Health
University of Virginia Health System

- Identify which medications are safe for the treatment of chronic hypertension in pregnancy.
- Describe why some newer antiepileptic agents are safer in pregnancy.
- Evaluate antidepressant drugs for safety throughout pregnancy.
- Summarize changes in thyroid function during pregnancy.
- Describe steps in asthma management during pregnancy.

Environmental Scan 2009 and Healthcare Reform

Janet A. Silvester, R.Ph., MBA, FASHP

Director of Pharmacy and Emergency Services
Martha Jefferson Hospital
Past President, ASHP

- Describe market forces that have a high probability of affecting the health care field.
- Summarize the health care landscape and the critical trends and issues organizations will likely face in the foreseeable future.
- Identify possible implications for our strategic planning.
- State case for Health Care Reform.

New Drug Therapies for Idiopathic Thrombocytopenia Purpura (ITP) in Adults

Morgan E. Snider, Pharm.D.

Oncology Pharmacy Resident

Virginia Commonwealth University Health System

- Recognize signs and symptoms of chronic immune thrombocytopenia purpura (ITP).
- Describe the pathophysiology of chronic ITP.
- Identify first-line therapies for the management of chronic ITP.
- Compare and contrast the pharmacology of immunomodulatory agents and thrombopoietic agonists.
- Evaluate the safety and efficacy of eltrombopag and romiplostim for chronic ITP.

Understanding and Managing Fibromyalgia with a Patient's Perspective

Laurie J. Cooksey, Pharm.D.

Acute/Chronic Clinical Pain Specialist

Virginia Commonwealth University Medical Center

Judy R. McClary, R.N., Ph.D., CLNC

Center for Medical InfoSearch

- Describe the epidemiology and clinical features of fibromyalgia.
- Summarize the pathophysiology and proposed etiology of fibromyalgia.
- Give an example of a comprehensive diagnostic work up for a fibromyalgia patient.
- Evaluate treatment options for fibromyalgia including anticonvulsants, antidepressants, and analgesics.
- Describe non-pharmacologic options.
- Describe ways to identify with the fibromyalgia patient as an individual instead of a diagnostic code.
- Define the pros and cons and controversy of the use of opioids for fibromyalgia pain.
- Describe the difference between addiction and pseudo-addiction.

New Updates in the Treatment of Atrial Fibrillation

William D. Cahoon, Jr., Pharm.D., BCPS

Acute Care Cardiology Clinical Pharmacist

Virginia Commonwealth University Health System

- Describe the epidemiology of atrial fibrillation and its associated risks.
- Summarize the 2006 ACC/AHA/ESC atrial fibrillation guidelines.

- Describe the implications of recent clinical trials involving the management of atrial fibrillation.
- Evaluate the clinical trials of dronedarone and other investigational antiarrhythmics.
- Identify novel anticoagulants for the prevention of atrial fibrillation-associated thromboembolism.

Iraq War Veteran Greg Gadson is the Reader's Digest 2008 Hero of the Year

October 23, 2:30 - 3:30 p.m.

Greg Gadson was a natural leader as a lieutenant colonel in the Army. But it's what he has accomplished off the battlefield that has moved so many. After losing his legs following a roadside bombing in Baghdad, Gadson faced his rehabilitation with the positive attitude that helped inspire the New York Giants to turn their luck around on the field. "It's not about what happens to you in life. It's about what you do about it," Gadson told the team in an unscripted locker-room chat. His words motivated the struggling team to an unexpected win over the Redskins the next day. Gadson helped keep the team focused all the way to their 2008 Super Bowl victory. To them, and to others, Gadson is proof that nothing can sideline a powerful spirit.

VSHP Political Action Committee (PAC) 2009 Annual Silent Auction

VSHP is seeking your assistance by requesting donations for this year's silent auction. Ideas for contributions include artwork, photography, collectibles, books, subscriptions, education and training, handmade clothing and quilts, sports equipment, regional food and wines, home furnishings, accessories, handcrafted jewelry, electronics, condos, timeshares and vacation rental weeks, recreational outings, gift certificates to department stores and/or restaurants and gift baskets. Do not forget toys, puzzles, books, games etc that are unused or in excellent condition for the children's table!

If you are unable to attend and would like to donate an item, we will arrange a pick off or drop off for you.

Visit www.vshp.org for more information and to obtain a donation form.

Please contact Lisa Hammond with any questions.

Email: pacoanddj@comcast.net

Ph. 540-539-4766

Second Annual Clinical Skills Competition

Friday, October 23

12:30 - 4:30

Visit www.vshp.org for more details.

2009 Fall Seminar

Hotel Information

VSHP has negotiated room rate of \$125.00 per night at the Newport News Marriott at City Center for Fall Seminar attendees. The Newport News Marriott at City Center, located in the high-profile retail, restaurant and business district of Newport News's stylish City Center, is minutes from top destinations such as Colonial Williamsburg and Virginia Beach.

Reservations should be made directly by the individual with the hotel's **Group** Reservations Department at 866-329-1758 before September 22, 2009. After this date, reservations will be accepted by the hotel on a space-available basis and at the hotel's prevailing rate.

Technician Symposium

8:30 - 10:30

The ABC's of Metabolic Syndrome: What it is, the Risks, and How to Prevent It

Marcia Brackbill, Pharm.D.

Associate Professor of Pharmacy
Shenandoah University
Bernard J. Dunn School of Pharmacy

- Define metabolic syndrome.
- Describe clinical characteristics of metabolic syndrome.
- Evaluate risks associated with the presence of metabolic syndrome.
- Identify treatment goals and common medications used to treat conditions associated with metabolic syndrome.
- Compare and contrast various lifestyle changes that can prevent clinical syndromes associated with metabolic syndrome.

10:30 - 10:45 Break

10:45 - 11:45 pm

Antihypertensives and Treatment of Resistant Hypertension

Brenda Clark, Pharm.D.

PGY2 Critical Care Resident
University of Virginia Health System

- List the different classes of blood pressure medications.
- Identify antihypertensives available for intravenous use.
- Describe the storage requirements for select intravenous antihypertensives.
- Define the blood pressure goals.
- Summarize the rationale for using multiple agents to lower blood pressure.

11:45 - 12:45 pm

Pharmacy Law Primer for Technicians

Mary Jo Carden, R.Ph., JD
President

Carden & Associates

- Identify the role of the pharmacy technician in pharmacy practice in contrast to pharmacists and pharmacy interns.
- Describe current responsibilities for pharmacy technicians to acquire and maintain registration in the state of Virginia.
- Identify how potential new federal regulations will impact pharmacy practice and the technician's role in these changes.
- Identify changes in health care privacy laws that will impact the manner in which pharmacies must maintain health information and the pharmacy technician's role in maintaining the privacy of this information.
- Summarize how health care reform legislation will impact pharmacy.

12:45 - 2:30 pm Exhibit Program

ASHP Advantage Lunch Symposium The Prevention and Management of Febrile Neutropenia in Oncology Patients

Faculty

Michael Vozniak, Pharm.D., BCOP
Hematology/Oncology Clinical Pharmacy Specialist
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania

Learning Objectives:

- Summarize national guidelines for risk assessment and prevention of febrile neutropenia.
- Given patient case information, evaluate the patient's risk for developing febrile neutropenia.
- Given patient case information, recommend a prophylactic drug regimen to prevent febrile neutropenia.
- Describe treatment options for a patient who develops febrile neutropenia.

Supported by an educational donation provided by Amgen.



Continuing Education Accreditation

The American Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity provides 1 hour (0.1 CEU) of continuing pharmacy education credit (program number 204-000-09-427-L01P). Attendees must complete a Continuing Pharmacy Education Request online and may immediately print their official CPE statements at the ASHP Learning Center at <http://ce.ashp.org>.

Continuing Education Accreditation



The Virginia Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Pharmacists may obtain up to 13.0 contact hours (1.30 CEUs) at the VSHP 2009 Fall Seminar. Attendees must attend the entire time allotted for each session, complete a Speaker and Program Evaluation Form on-site for each session attended, and present it at the registration desk at the conclusion of the program for validation. VSHP will provide validated Statements of Credit to meeting participants no later than 30 days after the completion of the program. This program is directed toward all individuals actively engaged in the practice of pharmacy.

Cancellation/Grievance Policy

To receive a refund, confirmed registrations must be canceled in writing on or before September 27, 2009 (postmark or fax date); cancellations postmarked on or before September 27 will be subject to a \$25.00 handling charge. Refunds will be issued only for cancellations faxed or postmarked before September 27.

Should any registrant be dissatisfied with the quality of the continuing education program, the participant may submit their grievance in writing to the attention of the Continuing Education Administrator (CEA), VSHP, P.O. Box 2567, Fairfax, VA 22031-2567 within 5 days of the conclusion of the program. The CEA will review the grievance within 10 days of receipt and provide written response of the findings and the basis for the decision made to the complainant no later than 30 days after receipt of the written grievance.

2009 Fall Seminar Registration Form

Please complete entire application. In order to reserve your space at each of the events, you must indicate all of the events you plan to attend by marking the space provided. After you complete the form, please make your check payable to VSHP for the total amount due and send to VSHP, P.O. Box 2567, Fairfax, VA 22031-2567.

Name _____
(First) (MI) (Last) (Jr/Sr/III)

Address _____
(Street Address) (Apt. #)

(City) (State) (Zip Code plus four)

Phone () _____ Email _____

Practice Site _____
(Name of Practice Site)

Address _____
(Street Address) (Suite)

(City) (State) (Zip Code plus four)

Phone () _____ Fax () _____

Job Title _____ Specialty Area of Practice _____

Seminar Registration: Please indicate what portion of the continuing education program you plan to attend by circling the applicable designation.

| | | | | | | | | | | |
|--|-------|--------------------------|------------------------------|------------------------|----------------------------|--|------------------------------|-----------------------|---------------------------|-----------------------|
| Remember space is limited, so . . . | | <i>Pharmacist Member</i> | <i>Pharmacist Non-Member</i> | <i>Resident Member</i> | <i>Resident Non-Member</i> | <i>Technician Member (includes Awards Banquet)</i> | <i>Technician Non-Member</i> | <i>Student Member</i> | <i>Student Non-Member</i> | <i>Retired Member</i> |
| Register TODAY | | | | | | | | | | |
| Full Registration | \$125 | \$220 | \$95 | \$130 | | | \$75 | \$100 | \$95 | |
| Friday Only | \$95 | \$190 | \$75 | \$110 | \$75 | \$100 | \$75 | \$100 | \$75 | |
| Saturday Only | \$95 | \$190 | \$75 | \$110 | | | \$75 | \$100 | \$75 | |

A \$25 late fee will be charged for all registrations received after September 27. **Guests \$95.00.**

- \$ _____ Seminar Registration Fee
- \$ **FREE*** I plan to attend the Breakfast Presentation, Friday, October 23.
- \$ **FREE*** I plan to attend the Awards Banquet, Friday, October 23.
- \$ **FREE*** I plan to attend the Breakfast, Saturday, October 24.
- \$ **FREE*** I plan to attend the ASHP Lunch Symposium, Saturday, October 24.
- \$ **\$45.00*** I plan to attend the *Technician Symposium* Friday, October 23.
(Non-member - Add an additional \$25.00)

\$ _____ **TOTAL DUE, MADE PAYABLE TO VSHP**

*** Free to full meeting registrants and VSHP members.**

In order to reserve your space, you must indicate all of the events you plan to attend by marking the space provided. If you did not indicate that you plan to attend the Banquet on your registration form, we will only be able to accommodate you on a space-available basis on the weekend of the seminar.

President's Message • continued from page 2

gaged. An informal poll of the room (a mix of students, new practitioners and not-so-new practitioners) showed that many of us value the networking opportunities of VSHP as much as, if not more than, the education. The students in the group mentioned that the SVSHP chapters often need pharmacist mentors to help with brown bag sessions and other School of Pharmacy activities. The Virginia Department of Aging needs pharmacists to participate in health fairs and community events. Again – opportunities with finite time commitments and expectations.

Another discussion focused on opportunities to promote professional organizations to new practitioners. Pharmacy students for the most part are very active in organizations while in school. The disconnect seems to occur while out on rotations during their final year. In an effort to make sure that these students continue to feel included and to help them begin

the networking process, VSHP Regions IV and V have created FaceBook pages that students in the Richmond and Tidewater areas can refer to in order to find out about and participate in VSHP activities in the region while out on rotation. Please also invite your students/residents to participate in VSHP regional activities.

Our final discussion centered around getting input from you on how VSHP can serve you better. Every VSHP member is different and has different needs and expectations from the organization. We felt that the quickest way to find out those needs and expectations was to try our first ever online membership survey. I hope you have all responded. If not, please do so at your earliest convenience. The retreat ended with the Board energized and ready to face the challenges of the upcoming year.

I'll end with a quote I read the other day, "Freedom is doing what you like, happiness is liking what you do."

In the News . . .

"Conversations with Health-System Pharmacy's Most Influential Leaders" is an ASHP Foundation-produced video collection features oral histories by five of health-system pharmacy's best-known pioneers. The original concept for "Conversations" was born out of numerous discussions that ASHP Past President and Whitney Award recipient Sara J. White had with many of her colleagues. In these discussions, it was not uncommon to hear concerns voiced that some of our most successful leaders in health-system pharmacy are retiring or entering into new phases of their careers and are generally less available for active pharmacists to speak with and learn from their experiences. There was a sense that students and practicing pharmacists could benefit immensely by connecting with the personal stories and the intangible aspects of the leadership demonstrated by our most influential health-system pharmacy practitioners. To explore, learn and reflect with health-system pharmacy's most influential leaders, go to

<http://www.ashpfoundation.org/Main Menu Categories/CenterforPharmacyLeadership/LeadershipVideos.aspx>

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