

## Outstanding Pharmacists Recognized by VSHP

VSHP was delighted to recognize its most outstanding pharmacists during the 2003 Annual Awards Banquet. Michelle McCarthy of University of Virginia Hospitals was selected as Pharmacist of the Year. Michelle received her Doctor of Pharmacy degree from Mercer University in 1994 and completed a specialized residency in Drug Information Practice at the University of Pittsburgh in 1995. Immediately following the completion of her residency, Michelle practiced at Samford University as a clinical instructor until 1997. Since that time she has been employed as a Drug Information Specialist at the University of Virginia Health System. During her tenure at the University of Virginia, she has established herself as a leader within the department and an expert in her field. Michelle is in charge of the Adverse Drug Reaction program, serves as chief editor of the Pharmacy & Therapeutics Committee newsletter, is the primary contact for the Drug Information Practice residency program, and serves on various committees and subcommittees with the Health System. Michelle is committed to improving the education of colleagues, other health care professionals, and the general public. She has been able to do this by developing and writing a departmental bi-weekly literature update, publishing yearly in peer-reviewed journals, serving as a peer-reviewer for select pharmacy journals, and by lecturing to nurse practitioners at the University of Virginia School of Nursing and to tenants in a nursing home facility.

Michelle has taken her commitment to pharmacy education a step above her other colleagues by becoming active in various professional organizations. She is a past Secretary and President of VSHP Region IV and is currently the Chair of the VSHP Education Committee. As the Chairperson, Michelle has promoted and organized three incredibly successful Seminars (Spring and Fall) for pharmacists in the state of Virginia. These meetings have been the highest attended in the history of VSHP. Additionally, comments provided from the Seminar

*Award Recipients • continued on page 6*

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# Virginia Health-System Pharmacy News

September/October 2003

**“Best Ever”**



*Thirteen Past Presidents were present to celebrate the Second Annual Past President's Banquet.*

“Best Ever!” That was the comment heard from all VSHP members about the recently completed 2003 Fall Seminar. Held at the Norfolk Waterside Marriott on September 11-13, 2003, this event was, again, hugely successful. In addition to its regular programming, VSHP held the Past President's Banquet on Thursday evening. This was an opportunity for VSHP to not only show appreciation to the past presidents for voluntarily serving the Society, but also to keep them involved and to use their experience and wisdom in helping move our Society forward. Additionally VSHP once again conducted its highly successful “Annual Student Forum” on Saturday, September 13<sup>th</sup>, with over 100 future pharmacists attending.

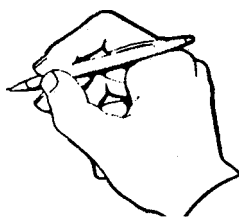
On Thursday afternoon, the Society's business meetings were conducted. First held was the Political Action Committee (PAC) Board of Trustees Meeting. This group discusses and recommends the political agenda for VSHP, keying in on political issues and reforms that impact our profession. Other responsibilities in-

clude fund raising and organizing VSHP's annual ‘Lobby Day’. Immediately upon completion of the PAC meeting, the VSHP Board of Directors meeting was held. This is an open meeting and all members are invited to sit in and learn how the Society's business is conducted and to meet the Board Members. Several VSHP members were in the audience taking advantage of this unique opportunity.

The educational programming started early Friday morning with Durran Taylor, PharmD, Clinical Scientist, Centocor presenting “*Drug-Eluting Stents: What the Pharmacist Needs to Know.*” This was followed by the annual legislative and regulatory update given by Scottie Russell, Executive Director, Virginia Board of Pharmacy. As always, this was very informative and answered many questions attendees had regarding recent changes to the practice of pharmacy. The morning session were completed by Thomas Scott, MD, Associate Professor of Medicine, Eastern Virginia Medical School who's topic was “*Update on Treatment Strategies for Asthma*”, and was followed by

*Best Ever • continued on page 8*

# From The President



**Rodney L. Stiltner**

As this is my first message as your President, let me say 'Thank you for supporting VSHP'. I would like to use this column as a communication tool for things that happen 'behind the scenes'. There are many issues/events happening within our society, and it is more than just regional meetings and the statewide Fall and Spring Seminars. Let's take a look at some of the events/meetings that have been happening with the hope of getting you more involved. If you would like more information please contact one of the officers. In addition, let me warn you that this message will touch several sensitive issues.

In Mark Johnson's last message, he reflected on the Annual Board Retreat. I would like to give a big 'Thanks' to all of the VSHP Board of Director members that participated, but we still have action items that need follow-up. The retreat's focus was on membership and committee structure. I want to highlight one committee and will mention others throughout the year.

The spotlight committee in this issue is the Political Action Committee (PAC). This committee focuses on providing monies to key legislators in the state that can represent our Society's interests in the Virginia General Assembly. This committee has been in existence for approximately four years, and it serves as both a fund raising committee and an advisory committee to the Board of Directors. At the regional meetings don't be surprised if someone asks you to donate money to the PAC. We want the fund raising to be more than the selling of 'raffle tickets' that is seen at our Spring and Fall Seminars. At the Fall Meeting, contributions to the PAC from the VSHP Board of Directors totaled more than \$1000.00. The PAC had a goal of \$20,000 for the first 3 years. The new target goal is \$50,000. That's a lot of raffle tickets to sell! The message is open your checkbook and donate to the PAC. Another focus at the Board Retreat was on membership. It's back to the basics and one goal is to increase new members by

showing the benefits and value of VSHP. This membership drive will target students, new graduates and pull some of the seasoned members back into limelight. ASHP recently had an 'Attract a New Member' campaign. I challenge each member to go out and get one of your colleagues to join VSHP. It's part of giving back to the profession. We will be monitoring the membership numbers, so let's start recruiting!

For people going to the ASHP Clinical Midyear Meeting, I'm happy to announce that VSHP will be sponsoring our first Midyear Reception on Monday, December 8, 2003 from 5-7 PM at the Hampton Inn and Suites located directly across the street from the Convention Center. Please watch for the announcement and specifics on the reception. Sponsoring this reception lifts VSHP to another level on the national scene. I would encourage all of the pharmacy school advisors to remind students attending the Midyear that this reception is a great place for networking on the state level. Let's make this event hugely successful. We look forward to seeing you at the reception.

I would also like to remind everyone of some upcoming events: Lobby Day will be on February 11, 2004 in Richmond; the 2004 Spring Seminar will be April 1-3 at the Williamsburg Marriott, and the VSHP 2004 Board Retreat will be held June 11-12, 2004.

Another way of getting involved is participating as a House of Delegates member from Virginia at the ASHP Summer Meeting. The call is out, so please let us know if interested. This is a great opportunity for policy comments and understanding of issues other states are facing. I had the opportunity to attend last year and learned lots of valuable information.

In summary, there's lots of things happening and we need your involvement at the regional and state meetings. As we restructure our committees, we will be asking you to participate, learn, and grow. In addition, please help recruit new members and watch how far VSHP can go. You can make it happen!

## VIRGINIA HEALTH-SYSTEM PHARMACY NEWS

*Official Publication of the  
Virginia Society of  
Health-System Pharmacists*

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## Calendar

**November 3-4:** American College of Clinical Pharmacy, Atlanta, GA [www.accp.com](http://www.accp.com)

**November 9-11:** American Heart Association, Orlando, FL  
[www.scientificsessions.org](http://www.scientificsessions.org)

**November 12-14:** American Society of Consultant Pharmacists, San Antonio, TX  
[www.ascp.org](http://www.ascp.org)

**December 8-11:** American Society of Health-System Pharmacists Midyear Clinical Meeting, New Orleans, LA  
[www.ashp.org](http://www.ashp.org)

**December 8:** VSHP Reception at the ASHP Midyear Clinical Meeting

**February 11:** VSHP Lobby Day, Richmond

**April 1-3:** VSHP Spring Seminar, Williamsburg, VA

**May 1-4:** ASHP Reg Delegates Conf

**June 19-23:** ASHP Summer Meeting and House of Delegates, Las Vegas

**June 11-12:** VSHP Board Retreat, Lexington, VA

**Welcome VSHP New Members**

<b>Region 1</b> Warren Crispens Retired	Sandy Lawrence Carilion Health System	Ian Orensky VCUHS/MCVHP	Karen Franke Rite Aid
Angela Gunter Glaxo SmithKline	<b>Region 4</b> Lindsay Arnold VCUHS/MCVHP	Julie Saunders BS Memorial Reg	Adrian Holliman Louise Obici Memorial
<b>Region 2</b> Susan Beckman DeWitt Army Comm	Susan Cuchara VCUHS/MCVHP	Kelly Summers VCUHS/MCVHP	Clarence Jaggard Riverside Reg Med Ctr
Michele Boykin Glaxo SmithKline	Victoria Duong VCUHS/MCVHP	<b>Region 5</b> India Aycock NeighborCare	Karen January Hampton Univ SOP
Joan Williams DeWitt Army Comm	David Green VCUHS/MCVHP	Mary Beth Branham BS Maryview Med Ctr	Deborah Kennedy Glaxo SmithKline
<b>Region 3</b> Linda Aker Carilion Roanoke	Kelly Johnson VCUHS/MCVHP	Thelma Capps Retired	Michael Volstorf Portsmouth Naval
Rebecca Asher Columbia Lewis-Gale	Loretta Martin McDonald Army Comm	Elisa Chi Riverside Reg Med	<b>Region 6</b> Brandy Grimes Wythe County Comm
Trina Epperly Carilion Health System	Jennifer Montgomery VCUHS/MCVHP	Linda Clements Hudgins Pharmacy	<b>Region 7</b> Kari Davis Warren Memorial
	Daniel O'Connor Retired	Boyd Clements Lawrenceville Corr	Kelly Masters Winchester Med Ctr

**VIRGINIA SOCIETY OF  
HEALTH-SYSTEM PHARMACISTS  
2003-04 Board of Directors**

<i>President</i> <b>Rodney L. Stiltner</b> Richmond 804/828-5468	<i>Chair, Communications Committee</i> <b>Melissa Madagan</b> Stephens City 540-536-8890
<i>President-elect</i> <b>Robert F. Guanci</b> Chesapeake 757/398-2122	<i>Chair, Community &amp; Public Relations</i> <b>Melissa Williams</b> Midlothian 804/675-5298
<i>Past President</i> <b>Mark S. Johnson</b> <b>Winchester</b> 540/545-7218	<i>Chair, Education Committee</i> <b>Michelle McCarthy</b> Palmyra 434/924-2388
<i>Secretary</i> <b>Carmita Coleman</b> Hampton 757/728-6684	<i>Chair, Legislative Affairs</i> <b>Robert Stoneburner</b> Winchester 757/398-2407
<i>Treasurer</i> <b>Martha McDearmon</b> Richmond 804/828-5468	<i>Chair, Audit and Finance</i> <b>Ann Stoneman</b> Richmond 804/264-2330
<i>Region I President</i> <b>William Boothe</b> Charlottesville 434/924-5257	<i>Chair, Membership Committee</i> <b>Jennifer Stallings</b> Norfolk 757/363-6174
<i>Region II President</i> <b>Michael Clarke</b> Fairfax 703/504-3748	<i>Chair, Organizational Affairs</i> <b>Angela Olmsted</b> Lynchburg 434/947-3275
<i>Region III President</i> <b>Mark N. Adams</b> Salem 540/982-2463 Ext. 1593	<i>Chair, Professional Practice Issues</i> <b>Mary Williams</b> Richmond 804/327-4086
<i>Region IV President</i> <b>Gregory Chenault</b> Midlothian 804/828-0215	<i>Historian</i> <b>Margaret Rosner</b> Carrollton 757/398-2407
<i>Region V President</i> <b>Empsy M. Munden</b> Virginia Beach 757/399-2046	<i>Technician Liaison</i> <b>Ellen C. Davis</b> Charlottesville 434/924-5257
<i>Region VII President</i> <b>Lisa Hammond</b> Stephens City 540/536-8890	<i>Associate Member Liaison</i> <b>David Spencer</b> Virginia Beach 757/428-6496
<i>MCV Student President</i> <b>June Garner</b> Richmond 804/269-4825	<i>Home Care Liaison</i> <b>Gayle Slifka</b> Maidens 800/20-9820 Ext. 3258
<i>Shenandoah Student President</i> <b>Rebecca Nick</b> Winchester 540/678-3714	<i>Managed Care Liaison</i> <b>Page H. Pigg</b> Glen Allen 804/965-7778
<i>Hampton Student President</i> <b>Alexander Wilson</b> Hampton 757-727-5071	<i>Nuclear Pharmacy Liaison</i> <b>John Tabb</b> Chesapeake 757/578-7213
<i>Continuing Education Administrator</i> <b>Beth Loftis-Brusig</b> Virginia Beach 757/552-7519	<i>Hampton Liaison</i> <b>Carmita Coleman</b> Hampton 757/727-5071
<i>Newsletter Editor</i> <b>Carl J. Tullio</b> Yorktown 800/233-7241 Ext. 73057	<i>MCV Liaisons</i> <b>Mary Beth Plum</b> Richmond 804/828-5541
<i>VSHP Webmaster</i> <b>Mark P. Chabot</b> Charlottesville 434/982-3738	<i>Shenandoah Liaison</i> <b>To be announced</b>

**VSHP would like to thank the following  
Political Action Committee (PAC)**

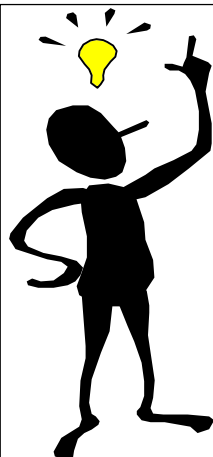


**Contributors**

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Robert F. Guanci	John Peters	Carl Tullio
Benjamin Hester	Edward L. Pickett	Janie M. Wilkerson
Rebecca Hockman	Raman Ravindren	M. Elizabeth Wingo

**Congratulations to the winners of the  
2003 Fall Seminar Raffle**

- \$1,000 Cash  
Tracy Bates, NeighborCare Pharmacies
- 27" Color Television  
Jessica Rivera, VCU Student
- \$100 Gift Certificate  
Ed Pickett, Shenandoah Shared Hospital Services



**VSHP Thanks Our  
Partners in Progress**

AMGEN	NOVARTIS
AVENTIS	ORTHO BIOTECH
BAYER BIOLOGICALS	ORTHO MCNEIL
CENTOCOR	PFIZER
ENZON	PURDUE PHARMA
FOREST	ROCHE LABS
GLAXO SMITHKLINE	SEPRACOR
MERCK	TAP PHARMACEUTICALS
MILLENIUM PHARMACEUTICALS	WYETH AYERST

# *Tentative* **SPRING SEMINAR 2004 AGENDA** *Tentative*

## Thursday, April 1

- |  |   |
|--|---|
| <p>12:00-1:00 pm VSHP PAC Board of Trustees Meeting</p> <p>1:00-5:00 pm VSHP Board of Directors Meeting<br/>(Open to all members)</p> <p>5:30-6:00 pm Cocktail Reception</p> <p>6:00-7:00 pm Continuing Education Presentation<br/>sponsored by Ortho McNeil</p> <p>7:00-9:00 pm Opening Night Banquet</p> <p style="text-align: center;"><b>RAFFLE DRAWING</b><br/>(must be present to win)</p> | <p>3:15-4:15 pm Day Is Ending<br/>(A True Story of Alzheimer's Disease)<br/>ACPE #108-000-04-000-L00 (.10 CEU)</p> <p>4:15-5:15 pm Management of Alzheimer's Disease<br/>ACPE #108-000-04-000-L00 (.10 CEU)</p> <p>5:30-7:30 pm Reception/Exhibit Program</p> <p style="text-align: center;">Dinner on your own</p> |
|--|---|

## Friday, April 2

- 7:00-8:00 am Continental Breakfast
- 8:00-9:00 am Continuous Renal Replacement  
ACPE #108-000-04-000-L00 (.10 CEU)
- 9:00-10:00 am Drug Importation  
ACPE #108-000-04-000-L00 (.10 CEU)
- 10:00-10:15 am Break
- 10:15-11:15 am Diet and Weight Loss Trends  
ACPE #108-000-04-000-L00 (.10 CEU)
- 11:15-1:00 pm Lunch/Exhibit Program

### Technician Symposium

- |           |  |
|-----------|--|
| 1:00-2:00 | Topic to be determined<br>ACPE #108-000-04-000-L00 (.10 CEU) |
| 2:00-3:00 | Topic to be determined<br>ACPE #108-000-04-000-L00 (.10 CEU) |
| 3:00-3:15 | Break  |
| 3:15-4:15 | Topic to be determined<br>ACPE #108-000-04-000-L00 (.10 CEU) |

- 1:00-3:00 pm New Drug Update  
ACPE #108-000-04-000-L00 (.10 CEU)
- 3:00-3:15 pm Break

## Saturday, April 3

- 7:00-8:00 am Christian Pharmacists Fellowship  
International Prayer Breakfast

### 8:00-12:15 Practice Management Forum

- |             |   |
|-------------|---|
| 8:00-10:00  | JCAHO Compliance<br>ACPE #108-000-04-000-L00 (.10 CEU)            |
| 10:00-10:15 | Break   |
| 10:15-11:15 | ASHP President Daniel Ashby<br>ACPE #108-000-04-000-L00 (.10 CEU) |
| 11:15-12:15 | Future of Pharmacy<br>ACPE #108-000-04-000-L00 (.10 CEU)          |

- 8:00-9:00 am Oncology Update  
ACPE #108-000-04-000-L00 (.10 CEU)
- 9:00-10:00 am Chemotherapy and Radiotherapy  
Induced Nausea and Vomiting  
ACPE #108-000-04-000-L00 (.10 CEU)
- 10:00-10:15 am Break
- 10:15-11:15 am Pediatric Nutrition  
ACPE #108-000-04-000-L00 (.10 CEU)
- 11:15-12:15 pm Pediatric Psychopharmacology  
ACPE #108-000-04-000-L00 (.10 CEU)
- 12:15-1:45 pm Lunch/Exhibit Program
- 1:45-2:45 pm HIV Treatment Update  
ACPE #108-000-04-000-L00 (.10 CEU)
- 2:45-3:45 pm Management of Gram Positive Infections  
ACPE #108-000-04-000-L00 (.10 CEU)

## SAVE THE DATE - SPRING SEMINAR 2004

The Virginia Society of Health-System Pharmacists invites you to the premier continuing education seminar of the year. The VSHP 2004 Spring Seminar will be held April 1-3 at the Williamsburg Marriott. Historic meetings have taken place in Williamsburg for centuries. And the tradition continues today in gatherings which set the course for the future. Join VSHP as we plan for the future.

**We have developed an outstanding program including:**

- **14 hours of the highest quality continuing education on topics you have requested**
- **4 hour Practice Management Forum addressing the challenging issues our pharmacy leaders face today**
- **3 hour Technician Symposium addressing technician-specific topics**
- **5 hour Exhibit Program featuring the latest pharmaceutical developments, products, equip-**

### **ment and services available**

- **Opening Night Banquet**

Williamsburg's unique atmosphere, convenient location, recreational opportunities and proximity to a wide variety of family attractions make it the perfect setting for hosting a successful meeting.

### **Exhibit Program**

An outstanding exhibit program featuring the latest in innovative technologies will highlight mid-day activities during the Spring Seminar. Don't miss this opportunity to learn about the latest pharmaceutical developments, products, equipment, and services available. VSHP has received tremendous support from the pharmaceutical and related industries. Please take advantage of this opportunity to discover new developments in pharmacy and to thank our industry representatives for their continued support.



The Virginia Society of Health-System Pharmacists is approved by the American Council on Pharmaceutical Education as a provider of continuing pharmaceutical education. This Seminar has been approved for 21.0 contact hours (2.10 CEUs) and registrants may obtain up to 14.0 contact hours (1.40 CEUs) at the VSHP 2004 Spring Seminar. Attendees must attend the entire time allotted for each session, complete a Speaker and Program Evaluation Form on-site for each session attended, and present it at the registration desk at the conclusion of the program for validation. VSHP will provide validated Statements of Continuing Pharmaceutical Education to meeting participants no later than 30 days after the completion of the program. This program is directed toward all individuals actively engaged in the practice of pharmacy.

**Visit our website [www.vshp.org](http://www.vshp.org) on January 15 for registration information.**

## ASHP Self-Assessment Tool

The American Society of Health-System Pharmacists is launching a major new effort to help promote best practices in health-system pharmacy. The ASHP Best Practices Self-Assessment Tool will provide pharmacy managers with an easy-to-use instrument to identify possible gaps in relation to best practices.

The Best Practices Self-Assessment Tool is designed to be used as part of a pharmacy's quality improvement process, with survey content grouped into nine core function categories. After completing the online survey, participants will receive results, pointing to key areas targeted for improvement. Participants also will receive an individualized list of resources available to help resolve specific problem areas. Additionally, the institution will receive a numerical score reflecting their compliance with these best practices that can be used to benchmark itself against national statistics or track incremental improvements over time.

The new tool is integral to the Society's Health-System Pharmacy 2015

Initiative, which will identify the most important medication-use quality gaps which health-system pharmacists can influence and set goals, objectives, and measurement targets for key improvements.

"ASHP is committed to helping our members improve health-system pharmacy practice," said Daniel Ashby, M.S., FASHP, ASHP president. "We hope that pharmacy managers throughout the country will use this tool to augment their patient safety efforts."

The Best Practices Self Assessment Tool is free to ASHP members and can be found on the Society's Web site at [www.ASHPBestPracticesSAT.com](http://www.ASHPBestPracticesSAT.com) or in the Practice Manager section of [www.ashp.org](http://www.ashp.org).

This initiative builds on the success of ASHP's Best Practices Award program, both of which are supported by Pfizer Inc. Pharmacy managers are encouraged to submit improvement programs inspired by this initiative to ASHP in consideration for the

award. For more information about the Best Practices Award, see [www.ashpadvantage.com/bestpractices/info.htm](http://www.ashpadvantage.com/bestpractices/info.htm). Survey content was developed by an expert panel using ASHP's *Best Practices for Health-System Pharmacy*, 2002-2003 edition, with related practice guidelines and position statements.

## CHANGE THE DATE

**VSHP Lobby Day  
February 11, 2004**

**St. Paul's  
Episcopal Church  
Richmond**



*Pharmacist of the Year Michelle McCarthy.*



*Gretchen Brophy with Dean Tom Reinders.*

*Award Recipients • continued from Page 1*

attendees regarding speaker quality and Seminar organization have been outstanding.

The winner of the Clinical Pharmacy Practice Achievement award was Gretchen Brophy, Pharm.D., BCPS. Gretchen is the clinical pharmacist for the Neuroscience Intensive Care Unit (NSICU) at the Virginia Commonwealth University Health Systems, Medical College of Virginia. During the past 2 years, she has made significant clinical improvements in patient care that have positively affected patient outcomes. Dr. Brophy's clinical achievements include changing physician practices to follow evidence-based guidelines and decreasing the duration of antiepileptic agent use in patients with traumatic brain injuries (TBI). She has demonstrated that decreasing the duration of antiepileptic therapy does not increase the incidence of late-onset seizures in TBI patients. In addition, she has reduced costs to these patients by decreasing the number of antiepileptic drug levels ordered. Dr. Brophy has presented these data at national and international pharmacy conferences and has published her results in respected pharmacy and medical journals. Dr.

Brophy's current research is evaluating stress ulcer prophylaxis in critically ill patients. Moreover, she is working to improve outcomes in these patients by investigating medications that could potentially be used for neuroprotection. To date, there are no neuroprotective agents for TBI that have been successful, so this research is very important to the outcomes of future TBI patients. Dr. Brophy will present the results of her neuroprotection study at the National Neurotrauma Society Symposium this fall. Dr. Brophy also dedicates her time to stroke and brain tumor patients by providing educational sessions on the importance of medication compliance and identifying adverse drug effects to family members of these patients, as well as support groups. In addition to her clinical responsibilities, Dr. Brophy teaches and trains future critical care clinical pharmacists. She is currently the Director of the Critical Care Pharmacy Residency program at VCUHS. She also teaches a course on Critical Care Pharmacotherapy at the VCU School of Pharmacy.

## ASHP Call for Delegates

This shall serve as a call for nominations for delegates to serve in the ASHP House of Delegates representing the State of Virginia. Please find the VSHP Policy outlining the selection process and responsibilities and obligations of the elected delegates at [www.vshp.org](http://www.vshp.org). If you are interested in serving, please send your statement of intent along with your current CV no later than November 30 to [VSHP@aol.com](mailto:VSHP@aol.com), Attn: ASHP Delegates.

The ASHP House of Delegates consists of 161 voting state delegates who represent a proportionate number of active ASHP members in each state as stated in Article 7 of the ASHP bylaws. Virginia has four official delegates. These delegates should be elected by active ASHP members who reside within Virginia. VSHP helps to coordinate the election of these delegates.

## Supporting the PAC Is Like Buying Additional Insurance

It's not as though you don't have a thousand and one other things to give to. Daily we all receive solicitations in the mail from worthy organizations in need and daily we have to make the hard decisions about which ones get cash and which ones gets trashed.

On the surface, it may seem like contributing to the VSHP Political Action Committee (PAC) is less important than giving to one of those charities; however, a closer look at VSHP's PAC may make you think twice before trashing that PAC solicitation!

Although PACs have been around for decades, VSHP's PAC is relatively new. Started only a handful of years ago, the VSHP PAC was created to help insure that, come campaign time, pro-health system pharmacy legislators were strongly supported by VSHP. That's it, no mystery; just support our friends in the General Assembly.

In many ways, supporting the VSHP PAC is like taking out additional business insurance. We all know that Pharmacy is an industry that exists because of regulation, and certainly health system pharmacists must be ever vigilant to make sure that we don't get regulated right out of business. Funding the PAC helps protect us from that kind of over regulation.

In a nutshell, your support of the PAC means that VSHP has the ability to attend fundraisers being held for legislators that have helped protect your industry. It means that VSHP has an opportunity to thank those legislators with funds you have partially contributed to—and most importantly—to insure that they return to the General Assembly the next year and continue to help our industry.

You may be confident that VSHP is very frugal with the money it receives. For starters, every contribution is voted on by the PAC Trustees. They determine where PAC funds would be best spent. To date, they have only given contributions to members of the General Assembly health committees and to incumbents.

VSHP encourages you to get involved with your association's legislative efforts and to support your PAC...after all, if you don't support your association legislatively, why should members of the General Assembly?

# MEMBERSHIP APPLICATION

## Personal Data

Name \_\_\_\_\_  
(First) (MI) (Last) (Jr/Sr/III)

Address \_\_\_\_\_  
(Street Address) (Apt. #)

\_\_\_\_\_  
(City) (State) (Zip Code plus four)

Home Phone Number ( ) \_\_\_\_\_ Email Address \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Sex: M / F  
(MO) (DA) (YR)

VA State License Number \_\_\_\_\_ Recruited By: \_\_\_\_\_

## Practice Site

Name \_\_\_\_\_  
(Name of Practice Site)

Address \_\_\_\_\_  
(Street Address) (Suite)

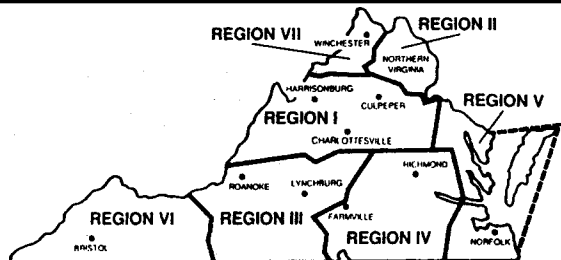
\_\_\_\_\_  
(City) (State) (Zip Code plus four)

Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_ Email \_\_\_\_\_

<b>Type of Practice Site</b> <small>(please select one)</small> <input type="checkbox"/> Hospital <input type="checkbox"/> Managed Care <input type="checkbox"/> Home Health Care <input type="checkbox"/> Long-Term Care <input type="checkbox"/> Community Pharmacy/Retail <input type="checkbox"/> School of Pharmacy <input type="checkbox"/> Government <input type="checkbox"/> Industry <input type="checkbox"/> Other: _____	<b>Job Title</b> <small>(please select one)</small> <input type="checkbox"/> Director of Pharmacy <input type="checkbox"/> Assistant or Associate Director <input type="checkbox"/> Staff Pharmacist <input type="checkbox"/> Clinical Coordinator <input type="checkbox"/> Other Supervisory Position <input type="checkbox"/> Clinical Pharmacist - Specialist <input type="checkbox"/> Consultant Pharmacist <input type="checkbox"/> Faculty <input type="checkbox"/> Resident/Fellow <input type="checkbox"/> Technician <input type="checkbox"/> Student/Intern <input type="checkbox"/> Other: _____	<b>Specialty Area of Practice</b> <small>(please select one)</small> <input type="checkbox"/> Acute/Critical Care <input type="checkbox"/> Admin/Management <input type="checkbox"/> Ambulatory Care <input type="checkbox"/> Clinical <input type="checkbox"/> Consulting <input type="checkbox"/> Disease Management <input type="checkbox"/> Drug Information <input type="checkbox"/> Endocrinology <input type="checkbox"/> Geriatrics <input type="checkbox"/> Home Health/Infusion <input type="checkbox"/> Infectious Disease <input type="checkbox"/> Inpatient <input type="checkbox"/> Long Term <input type="checkbox"/> Mental Health <input type="checkbox"/> Nuclear Pharmacy <input type="checkbox"/> Oncology <input type="checkbox"/> Pediatrics/Neonatology <input type="checkbox"/> Pharmacotherapy <input type="checkbox"/> Research <input type="checkbox"/> Sales <input type="checkbox"/> Women's Health/OBGyn <input type="checkbox"/> Other: _____
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## Membership

<b>Membership Category</b> <small>(please select one)</small> <input type="checkbox"/> Active \$ 75.00 <input type="checkbox"/> Joint* \$125.00 <input type="checkbox"/> Associate \$ 75.00 <input type="checkbox"/> Resident/Fellow \$ 35.00 <input type="checkbox"/> Technician \$ 25.00 <input type="checkbox"/> Retired \$ 25.00 <input type="checkbox"/> Student* \$ 10.00 Anticipated year of graduation: _____	<b>Local Chapter</b> <small>(please select one)</small> <input type="checkbox"/> Region 1 <input type="checkbox"/> Region 2 <input type="checkbox"/> Region 3 <input type="checkbox"/> Region 4 <input type="checkbox"/> Region 5 <input type="checkbox"/> Region 6 <input type="checkbox"/> Region 7 <input type="checkbox"/> Region 8 (Students)
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\*If applying for joint membership, please complete an application form for self and spouse. If applying for student membership, please include a photocopy of current student I.D.

Send completed application and check made payable to VSHP to P.O. Box 2344, Falls Church, VA 22042.

Fall Seminar • continued from page 1

Robert Kidd, MS, PharmD, Associate Professor and Vice Chair Department of Biopharmaceutical Sciences, Shenandoah University School of Pharmacy who discussed "Pharmacogenetics", a uniquely interesting and developing field of pharmaceuticals.

Immediately following the morning presentations, the first of several Exhibit Programs was held. A boxed lunch was enjoyed by meeting participants as they mingled with the exhibitors and learned about the latest advances in automation and therapeutics. Two other exhibit sessions were held during the meeting for a total of 4.5 hours of relaxing, collegial interactions.

Friday afternoon's programming began with "Use of Biologic Agents for the Treatment of Rheumatoid Arthritis" presented by Michael Strachan, MD, Premier HealthCare Associates. He was followed by Craig Kirkwood, PharmD, Manager of Pharmacotherapy Services, Department of Pharmacy Services, VCU Health System who taught the audience the principles of literature evaluation. Mary Beth Plum, PharmD, Assistant Professor, VCU then gave attendees an overview of the JNC-VII guidelines, including an update in hypertension management.

A full day of programming on Saturday started with Bruce Berger, PhD, Head & Professor, Pharmacy Care Systems, Auburn University enlightening the attendees on the topic of "Self-Deception". This was followed by Michel Crouch, PharmD, Assistant Professor of Pharmacy and Medicine, VCU who presented "GPIIb/IIIa Receptor Inhibitors: New Evidence, New Considerations". Next Jeffery Skiles, MD, Staff Cardiologist, Winchester Medical Center, discussed "New Risk Factors for Cardiovascular Disease". The topic of "Management of Post-Operative Nausea and Vomiting" was given by Thomas Pajewski, MD, Assistant Professor of Anesthesiology and Neurological Surgery, UVA. The meeting ended on a high note as Warren Felton, MD, Chair, Division of Neuro-Ophthalmology, VCU discussed "Multiple Sclerosis: Pathophysiology, Diagnosis, and Treatment."

On Friday evening, the Annual Awards Banquet was held. At this event, outstanding VSHP members were recognized for their achievements over the past year. Bob Guanci, new VSHP President-elect, acted as Master of Ceremonies for the evening. Incoming VSHP President Rodney Stiltner, after delivering the President's comments, presented the Society's highest award, Pharmacist of the Year, sponsored by Pfizer.

This year's winner was **Michelle McCarthy**. Michelle works in the Drug Information Service at UVA Hospital Pharmacy. **Gretchen Brophy** was presented the Clinical Pharmacy Practice Achievement award. Past-President Mark Johnson received the President's Award (sponsored by Bristol Myers Squibb) and the Leadership Award (sponsored by Novartis). Student leaders, from the state's three colleges of pharmacy, Phaneth Keo of VCU, Michelle Gonzales of Hampton University, and Dani Przychodzin of Shenandoah were recognized by both VSHP and ASHP for their leadership role as Presidents of the student societies. VSHP also recognized the recipients of this year's scholarship award, Excellence in Health-System Pharmacy, VCU's Effie Gillespies, Hampton's Bophacan Stuck and Shenandoah's Beth DiSabatino. The evening was capped by a very entertaining presentation by Bruce Berger, who showed the audience the lighter side of surfing the internet.

Mark your calendars today for the 2004 Spring Seminar in Williamsburg, April 1-3. Make that meeting **YOUR** "Best Ever".

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