

## 2006 Award Winners

The Bristol Myers Squibb President's Award, the Merck Pharmacy Achievement Award, and the Novartis Leadership Award were all presented to VSHP's outgoing President Tim Jennings in appreciation of the leadership and direction that he provided to the VSHP Board of Directors during the past year.

The student awards were presented by Tom Reinders. The recipients of the **Student Leadership Awards**, given to the outgoing VSHP Student Chapter Presidents, were Emma Hews, Shenandoah University and Ashley Lewis, VCU. The **Excellence in Health-System Pharmacy Awards** recognize graduating fourth year pharmacy students who have demonstrated a commitment to health-system pharmacy practice. The award consists of a congratulatory letter from the VSHP President, an award certificate, and a \$500.00 honorarium. The winners were Erin DeLauder, Shenandoah University and Diane Newman, VCU.

**Technician of the Year:** This year's recipient was Gena Harris, an individual who has worked tirelessly to represent the pharmacy technician profession in the Commonwealth of Virginia. She served as the Technician Liaison member to the VSHP Board of Directors from 2004-2006. In this position, she continuously sought feedback from the technician members to present to the BOD and Education Committee. She oversaw the 2005 and 2006 Technician Symposia held in conjunction with the VSHP Spring Seminars. One of her most outstanding contributions to the Society and pharmacy technician profession is this award. Gena presented the concept of this award to the BOD and received their unanimous support. She assisted with the development of the selection criteria and presented the first recipient with the award last year. Gena has practiced in hospital, home infusion, and community pharmacy practice. She is well known for her strong work ethic and dedication to those she serves.

**Clinical Pharmacy Practice Achievement Award:** Carol Carson, PharmD, BCPS was this year's winner. A clinical pharmacy specialist at Bon Secours Maryview, she is actively involved

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# Virginia Health-System Pharmacy News

November/December 2006

## Another Successful Meeting Where Were You???

This year's Fall Seminar has held at the Norfolk Waterside Marriott from October 5-7. It was quite a meeting; almost surpassing the excitement and the celebration surrounding our 50<sup>th</sup> year anniversary meeting last year. Attendees were able to receive up to 13 contact hours [1.3 CEUs]. The activities kicked-off on Thursday with the Political Action Committee (PAC) meeting in the morning and the Board of Directors meeting [see sidebar] in the afternoon. As always, the general membership was invited to sit in at the meeting. Several members took advantage of this offer. After the meeting, the Past-President's Cocktail Reception and Banquet was held. This was more of a meeting of the minds than it was a reception. The participants have decades of association management experience and willingly shared it with current Board of Director members.

The educational portion of the meeting kicked-off Friday morning with Mark Adams, PharmD, VA Medical Center discussing *Drug Eluting Stents: An Overview*. He was followed, in turn, by Barbara Wiggins, PharmD, UVA Health System presenting an *Update on the Use of Statins in the Management of Coronary Artery Disease*, Kathey Fulton, PharmD, Pitt County Memorial Hospital giving an *Overview of Anti-fungal Therapy* and Tammy Winterboer, PharmD, Pharmacy Practice Resident, VCU talking about *The Role of Community-Acquired Methicillin-Resistant Staphylococcus Aureus (CA-MRSA) in Healthcare Today*.

Exhibit programs were held twice on Friday; during the lunch break and also in the evening before the Annual

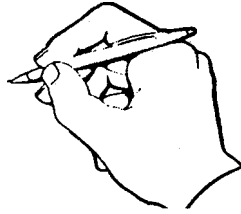
Awards Reception. These sessions allowed all attendees to meet with exhibitors and to learn about the latest in medicines, dispensing systems, and technology advances. This relaxed setting provided an excellent opportunity for renewing old friendships and networking with new friends.

The afternoon program carried a diabetes theme. *What's New in the Treatment of Diabetes* was the afternoon's first presentation and was given by Brian Grover, PharmD, University of Maryland Medical Center. James Levy, MD, intrigued the audience with the topic *Metabolic Syndrome* and the session closed out with Lori Sweeney, MD, Division of Endocrinology, VCU Medical Center discussing the *Management of the Hospitalized Patient with Diabetes*.

Saturday morning brought another day of great CE programs. *Parkinson's Disease* was the day's initial offering, presented by Mark Baron, MD, Director, Parkinson's Disease Research, Education, and Clinical Center, Richmond VA Medical Center. This was followed by David Lesczyszyn, MD, Associate Professor of Neurology, VCU, who spoke about *A Clinical and Pathological Update on Restless Leg Syndrome and Essential Tremor*. After a short break, the morning's program concluded with Tina Smusz, MD, Director, Palliative Medicine Service, Carilion New River Valley Medical Center discussing *Palliative Care Service: Challenges for Pharmacists* and Douglas Smith, PharmD, Associate Professor, Shenandoah University presenting *Tyrosine Kinase Inhibitors in the Treatment of Cancer*.

2006 Fall Seminar • continued on page 8

# From The President



*Robert J. Stoneburner*

## Medrec and Pharmacy's Three-legged Stool

While taking classes toward my MBA (it seems like eons ago), I remember reading an article about the challenges that many hospital managers face in trying to keep three separate constituencies (employees, physicians and board members) satisfied. The title of the article was based on the observation that these separate groups of people always had their own priorities which were almost never aligned, and hence was appropriately named "Managing the Wobbly Three-legged Stool".

In health-system pharmacy management, we also have three constituencies (administration, the customers we serve, and our own employees) who all require our undivided attention and energy at various times. While we all support patient safety, we may not always agree on the best way to get there. Medication reconciliation [medrec] is a good example of this. Our customers (nursing and physicians) all want it to be easier or even better; seamless. Despite the fact that it is a JCAHO requirement, limited access to capital frequently requires that Administration's response is to "do the best we can" while keeping our customers happy. Meanwhile we know that the best solution would be to have a pharmacist-managed medication reconciliation team, but then those financial and productivity barriers kick in. So in many facilities the pharmacy, nursing, and medical staffs now struggle daily with the additional workload brought on by medication reconciliation. Can you see that stool wobbling now?

There are several hospitals where medrec is working well, but unfortunately (for the rest of us) the solution appears to be technology based. What I have discovered to be key elements for success are ei-

ther an integrated pharmacy/hospital information system (expensive) or, even better, a computerized prescriber order entry (CPOE) system (very expensive). Thanks to CMS and other organizations, such as Leapfrog who now offer incentives, many hospitals have reprioritized CPOE so it's now on a 2 to 4 year time frame for implementation. What we all need to understand however, is that even these fancy automated solutions can suffer from a condition known as GIGO (garbage in, garbage out). If the automated solution still allows for the "blue pressure pill" to be entered on the medication history for the sake of expediency then what you have is "garbage in". Despite the fact that a CPOE system may "force" the physician to review all medications at discharge, if they can choose to continue the "blue pressure pill" then what you have is "garbage out".

For those of you who attended the VSHP Fall Seminar (and stayed after lunch on Saturday), you heard Bobbie Bullock talk about the many serious errors that she has seen in nursing home patients who were transferred from hospitals after their medications were "reconciled". I believe that this is mainly due to our focus on getting signatures on documents (to show our compliance) rather than trying to solve medication related problems. Sure we don't have the resources (either technology or manpower), but it's time to "step up to the plate" and show the value of having a Pharmacist Managed Medication Reconciliation Team. I challenge all pharmacy managers to delve deeper into your medrec process to identify those problems that can still be harmful to patients. Then find a way to use that data to justify the staff that you need. By doing so, you can also shore-up your "three-legged stool".

VSHP would love to hear about your success stories in solving this problem. Please email them to [vsphp@aol.com](mailto:vsphp@aol.com).

## VIRGINIA HEALTH-SYSTEM PHARMACY NEWS

*Official Publication of the Virginia Society of Health-System Pharmacists*

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Pharmacy News Editor

### VSHP-Office Staff

**Kelly L. Gill**  
Director of Operations  
Pharmacy News Production Manager

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## Calendar

- Feb 8:** VSHP Lobby Day, St. Paul's Episcopal Church, Richmond
- Apr 12-14:** VSHP Spring Seminar, Wintergreen Resorts, [www.vshp.org](http://www.vshp.org)
- Apr 22-25:** American College of Clinical Pharmacists Spring Forum, Memphis, TN [www.accp.com](http://www.accp.com)
- May 2-5:** American Pain Society, 26th Annual Meeting, Washington, DC [www.ampainsoc.org](http://www.ampainsoc.org)
- May 19-23:** International Society of Pharmacoeconomics and Outcomes Research, Arlington, VA [www.ispor.org](http://www.ispor.org)
- Jun 8-9:** VSHP Board of Directors Retreat, Hampton Inn Col Alto, Lexington
- Jun 24-27:** ASHP Summer Meeting, San Francisco, CA [www.ashp.org](http://www.ashp.org)
- Jun 22-26:** American Diabetes Association, 67th Annual Meeting, Chicago, IL [www.diabetes.org](http://www.diabetes.org)
- Oct 4-6:** VSHP Fall Seminar, Hampton Roads Convention Center, [www.vshp.org](http://www.vshp.org)

# 2007 SPRING SEMINAR

## Wintergreen Resorts TENTATIVE AGENDA

### Thursday, April 12

12:00-1:00 pm VSHP PAC Board of Trustees Meeting

1:00-5:00 pm VSHP Board of Directors Meeting  
(Open to all members)

4:30-5:30 pm Legislative Update  
ACPE #108-000-06-008-L01 (.15 CEU)

5:30-7:30 pm Reception/Exhibit Program  
  
Dinner on your own

### Friday, April 13

7:00-8:00 am Continental Breakfast

8:00-9:00 am Pharmacist's Role in Smoking Cessation  
ACPE #108-000-07-000-L01 (.10 CEU)

9:00-10:00 am Heart Guidelines  
ACPE #108-000-07-000-L01 (.10 CEU)

10:00-10:15 am Break

10:15-11:15 am New Advances in Pain Therapy  
ACPE #108-000-07-000-L01 (.10 CEU)

11:15-1:15pm Lunch/Exhibit Program

#### 8:00 - 11:15 Practice Management Forum

8:00-9:00 USP 797 Update  
ACPE #108-000-07-000-L04 (.10 CEU)

9:00-10:00 Pharmaceutical Contamination of  
Ground Water  
ACPE #108-000-07-000-L04 (.10 CEU)

10:00-10:15 Break

10:15-11:15 JCAHO Update 2007  
ACPE #108-000-07-000-L04 (.10 CEU)

1:15-2:45 pm Clinical Pearls  
ACPE #108-000-07-000-L01 (.15 CEU)

2:45-3:00 pm Break

3:00-4:30 pm Updates in Herbal Toxicology  
ACPE #108-000-07-000-L01 (.15 CEU)

### Saturday, April 14

7:00-8:00 am Christian Pharmacists Fellowship  
International Prayer Breakfast

#### 8:00-11:15 Technician Symposium

8:00-9:00 Overview of Lab Values  
ACPE #108-000-07-000-L01 (.10 CEU)

9:00-10:00 Review of CV Agents  
ACPE #108-000-07-000-L01 (.10 CEU)

10:00-10:15 Break

10:15-11:15 Innovative Technician Practices  
ACPE #108-000-07-000-L01 (.10 CEU)

8:00-10:00 am New Drug Update  
ACPE #108-000-07-000-L01 (.20 CEU)

10:00-10:15 am Break

10:15-11:15 am Battling Dependency  
ACPE #108-000-07-000-L01 (.10 CEU)

11:15-12:15 pm CAP Guidelines  
ACPE #108-000-07-000-L01 (.10 CEU)

12:15-1:45 pm Lunch

1:45-2:45 pm 2006 STD Treatment Guidelines  
ACPE #108-000-07-000-L01 (.10 CEU)

2:45-3:45 pm HIV/AIDs Update  
ACPE #108-000-07-000-L01 (.10 CEU)



### STATEMENT OF ACCREDITATION

The Virginia Society of Health-System Pharmacists is approved by the Accreditation Council on Pharmacy Education as a provider of continuing pharmaceutical education. This VSHP 2007 Spring Seminar is approved for 13.5 contact hours (1.35 CEUs). Attendees must attend the entire time allotted for each session, complete a Speaker and Program Evaluation Form on-site for each session attended, and present it at the registration desk at the conclusion of. VSHP will provide validated Statements of Continuing Pharmaceutical Education to meeting participants no later than 30 days after the completion of the program. This program is directed toward all individuals actively engaged in the practice of pharmacy.

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in the clinical development of all pharmacists, the design & implementation of clinical protocols/pathways and the adverse drug reporting program. She developed a unique Technician Intervention Program [TIP] which documents potential medication errors identified/prevented by pharmacy technicians. This program was showcased at the 2005 ASHP Midyear Clinical Meeting.

**R. David Anderson Distinguished Leadership Award:** This is a brand new award to recognize excellence in health-system pharmacy practice leadership. Nominees must be pharmacists in Virginia and must have lead sustained, progressive improvements in pharmacy services within specific Virginia hospitals or health-systems. The VSHP was ex-

tremely proud to present the first award to the person whom the award was named in honor of: **R. David (Andy) Anderson**. Congratulations, Andy.

**Pharmacist of the Year:** Sponsored by Pfizer, this award recognizes the outstanding health-system pharmacist in the Commonwealth of Virginia. This year the award was presented to Bobby Ison to recognize his long history of leading pharmacy within the state. Bobby has represented VSHP in many capacities, including VSHP President in 2000. Involved in pharmacy at a national level, Bobby has served in the ASHP House of Delegates for many years. He is currently a member of the state Board of Pharmacy and was recently

reappointed for a second term, serving this year as Vice Chairman. He has been the Director of Pharmacy at Chesapeake General Hospital for almost 20 years.

**Honorary Membership:** This honor was bestowed on Kelly Gill for her many years of serving as Executive Director of VSHP. Kelly seems to have endless energy as she works tirelessly to further the interests of our Society. Those who know her well, appreciate all of the work that she accomplishes in our behalf. This distinction was truly deserved and long overdue. Kelly, we welcome you to VSHP membership.

## Heading Towards a Smoke Free Future

What accounts for more deaths each year in the United States than HIV, illegal drug use, alcohol use, motor vehicle injuries, suicides, and murders combined? **SMOKING!** Tobacco use can be directly related to one out of every 5 deaths; over 440,000 each year. Over 4,000 chemicals have been identified in tobacco smoke, of which at least 43 are known to cause cancer in humans and animals. The use of tobacco products is responsible for direct medical costs of at least \$50 billion annually.

In January 2000, the Department of Health and Human Services launched Healthy People 2010, a comprehensive, nationwide health promotion and disease prevention agenda. Healthy People 2010 contains 467 objectives designed to serve as a road map for improving the health of all people in the United States during the first decade of the 21st century. The objectives are organized in 28 focus areas, each representing an important public health issue. Tobacco use is one of these focus areas and is subdivided into 26 tobacco-related objectives. The most important national health objective is to reduce the prevalence of cigarette smoking among adults to  $\leq 12\%$  by 2010. Three of the 26 objectives reached thus far include: (1) reducing the rate of lung cancer deaths, (2) reducing the rate of oral cancer deaths, and (3) increasing the number of states that have tobacco control plans. However at mid-term review in 2005, four goals were vastly off track. Approximately 20.9% of U.S. adults were current cigarette smokers, the same percentage as in 2004, suggesting that the 8-year decline in smoking prevalence among adults in the United States might be stalling. In addition, the findings in-

dicated that, in 2005, an estimated 2.2% of U.S. adults were current cigar smokers, 2.3% used smokeless tobacco, and 42.5% of current cigarette smokers had stopped smoking for at least 1 day in the preceding 12 months because they were trying to quit.

So knowing this, how do VSHP members fit into the big picture? A survey conducted at the VSHP Fall Seminar 2006 assessed how many members currently smoke, previously smoked, quit smoking, and they type of tobacco product used. 106 attendees [(33 males, 71 females, 2 unknown)(60 RPh, 37 technician, 3 other)] completed a survey on their current use of tobacco products. Tobacco products listed on the survey included cigarettes, pipes or cigars, and smokeless tobacco. 98 (90%) of those surveyed currently do not use any tobacco product. More than half of the non-smokers were pharmacists, about 33 were technicians, and 3 were others. Of the respondents, 77 (73%) never used any type of tobacco products [25 males and 51 females]. Results show that 28 previously used some form of tobacco product, but 22 had quit. Only six attendees currently use a tobacco product; and only two indicated they were interested in quitting. Among the current smokers 5 were females and one was male, with the average smoker age being 42. There were 60 pharmacists who completed surveys and only 2 currently smoke; 43 technicians completed surveys and 4 currently smoke. The survey also assessed the various reasons that members quit smoking. The most common reason

for quitting was for health purposes; other reasons included: pregnancy, receding gums, developing better lifestyle, expensive, and for family reasons.

The use of tobacco products of any kind is detrimental to the health of both smokers and nonsmokers. Smoking cessation leads to healthier lifestyles for Americans as a whole. It decreases health risk, gives cleaner air to breathe, and it moves us a step closer to reaching the Healthy People 2010 objectives. To the members of VSHP who never smoked, congratulations. To those who were able to give up smoking, we applaud you. And to those who have not quit, do not give up; continue to make great strides as we all push forward to improve the health of Americans in the 21<sup>st</sup> century.

— *Easter Floyd, Pharm.D. Candidate*

### References

- “Cigarette Smoking Among Adults — United States, 2004” obtained from <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5444a2.htm>. Accessed on 20 Oct 2006.
- “About Health People 2010” obtained from <http://www.cdc.gov/nchs/about/otheract/hpdata2010/aboutph.htm>. Accessed on 20 Oct 2006.
- “Health Effects of Cigarette Smoking” obtained from [http://www.cdc.gov/tobacco/factsheets/HealthEffectsofCigaretteSmoking\\_Factsheet.htm](http://www.cdc.gov/tobacco/factsheets/HealthEffectsofCigaretteSmoking_Factsheet.htm). Accessed on 20 Oct 2006.
- “Secondhand Smoke” obtained from [http://www.cdc.gov/tobacco/factsheets/secondhand\\_smoke\\_factsheet.htm](http://www.cdc.gov/tobacco/factsheets/secondhand_smoke_factsheet.htm). Accessed on 20 Oct 2006.

### Welcome VSHP New Members

Cathy Anter	Anne Fulcher	Genie Owen
James Black	Angela Grant	Laura Post
Melissa Blankenship	Michael Hartwell	Rita Quinn
Erica Breden	Rebecca Hudson	Sarah Ramey
Terri H. Bryant	Shannon Jarvis	Jason Sarashinsky
Roger Chicoine	Yolanda Johnson	Megan Sarashinsky
Brenda Chisom	Jonathan Lambert	Robin Sayles
Susan Clark	Lee McDow	Michael Snow
Sarah Colgan	Sandra Mullen	Kenda Tufford
Kevin Colgan	Charlene Murray	Anthony Ugbo
Kristin Davis	Elizabeth Oen	Erica Watkins
Peggy Annabella Edwards	Christine Onderko	Rebecca Whorley

A big welcome to all of the student members at our Student Chapters at Virginia Commonwealth University, Shenandoah University Bernard J. Dunn School of Pharmacy, Hampton University School of Pharmacy, and our newest Chapter at the University of Appalachia School of Pharmacy.

### VIRGINIA SOCIETY OF HEALTH-SYSTEM PHARMACISTS 2006-07 Board of Directors

<i>President</i> <b>Robert J. Stoneburner</b> Chesapeake 757/398-2407	<i>VSHP Webmaster</i> <b>Mark P. Chabot</b> Charlottesville 434/982-3738
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<i>Region V President</i> <b>Margaret Rosner</b> Carrollton 757/388-5854	<i>Technician Liaison</i> <b>Kimberly Chamberlain</b> Strasburg 540/536-8890
<i>Region VII President</i> <b>Melissa Madagan</b> Stephens City 540/536-8890	<i>Associate Member Liaison</i> <b>Vacant</b>
<i>Appalachia Student President</i> <b>Aimee Gibbs</b> Richlands agibbs@uacp.org	<i>Long Term Care Liaison</i> <b>Roberta Bullock</b> Virginia Beach 757/499-9637
<i>Hampton Student President</i> <b>Julie Hughes</b> Virginia Beach Jb2lhughes@yahoo.com	<i>Managed Care Liaison</i> <b>Page H. Pigg</b> Glen Allen 804/965-7778
<i>Shenandoah Student President</i> <b>Lauren Hammen</b> Winchester lhammen@su.edu	<i>Nuclear Pharmacy Liaison</i> <b>John Tabb</b> Chesapeake 757/578-7213
<i>VCU Student President</i> <b>Lisa Vo</b> Richmond volt@vcu.edu	<i>Appalachia Liaison</i> <b>Martin Treye Heim</b> Richlands 276/935-4277
<i>Continuing Education Administrator</i> <b>Beth Loftis-Brusig</b> Virginia Beach 757/552-7519	<i>Hampton Liaison</i> <b>John Redwanski</b> Newport News 757/728-6209
<i>Newsletter Editor</i> <b>Carl J. Tullio</b> Yorktown 800/233-7241 Ext. 73057	<i>Shenandoah Liaison</i> <b>Kelly Masters</b> Winchester 540/636-0256
	<i>VCU Liaison</i> <b>Michael Crouch</b> Richmond 804/828-6470



### VSHP would like to thank the following Political Action Committee (PAC) Contributors

Charles A. Banister	Lauwana Hollia	Karen J. Mitchell
Puring V. Bautista	Thanh Huynh	Punam H. Patel
LuAnn L. Clark	F. Randolph Jones	Edward Perry
Thomas Clasen	Denise Kockler	Jeff Rosner
Victor DeLapp	Judith Korpics	Margaret Rosner
Richard W. Dugger	Tina Krull	Jefferson Sesler
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Patricia Giese	Elizabeth Loftis-Brusig	Robert Stoneburner
Deborah Gray	Michelle McCarthy	Alex Steve J. Suarez
Lisa Hammond	John Mercantini	Ed B. Vaughn
Lori E. Helke	Melissa Madagan	Linda Young

### VSHP would like to the many members who participated in this year's Fall Raffle

**First Place \$1200 Cash Prize**  
**Margaret Rosner**

**Second Place \$100 Cash Prize**  
**Brenda H. Druen**

**Second Place 50 Lottery Tickets**  
**Francine Farnsworth**

## HIGHLIGHTS FROM THE BOARD OF DIRECTORS MEETING

1. VSHP has been approved as a rotation site with VCU and Shenandoah Universities
  - Discussions are ongoing with Hampton and Appalachia
  - Two rotations per year are available
  - A selection committee will determine the student if more than one student chooses a particular time slot
  - November 2007 is the target date for first student
  - A stipend may be available
2. Grants (based on point system) are available for VSHP student members to defray costs for representing VSHP at the ASHP Mid-year Clinical meeting.
3. Regional Medication Reconciliation Program- this is a community campaign to increase awareness of the need to maintain a list of current medications
  - **List for Life** campaign will consist of posters, newspaper ads with Pharmacy Student support
  - Looking into grants from PHARMA for support
  - Metrics will be established
4. The Board voted to bestow Honorary Membership to Kelly Gill and to make the announcement at the annual Awards Banquet
5. The possibility of establishing a VSHP Research Foundation was discussed - Clara Ann Spencer will follow-up
6. The VSHP/Virginia Schools of Pharmacy Reception at the ASHP Mid-Year Clinical Meeting will be held on Monday evening at the Hilton Hotel. The incoming ASHP President will be in attendance.
7. Future Seminar sites: trying to get to Northern VA., but very expensive; will try Fredericksburg area. A survey of VSHP membership regarding future sites will be completed at the Fall Seminar. Some suggestions included:
  - Stay in Tidewater and Williamsburg area because there is always good attendance
- Meeting in Richmond to coincide with VA Legislature
- Change to February and July schedule vs. April/October schedule
- Must decide now for 2008 implementation
8. Membership Committee: 1199 total members, [706 active, 156 student, 273 technician]. new members since Dec 05= 111
9. From the State Board of Pharmacy:
  - Submit controlled drug reports, will soon begin \$1000 fine for first offense.
  - Remote order entry was approved if the person is on your payroll.

The next VSHP Board of Directors meeting will be held February 8, 2007 at St. Paul's Episcopal Church in Richmond immediately following VSHP Lobby Day.

## FREE DRUG ABUSE MATERIALS

The National Institute on Drug Abuse (NIDA), part of the National Institutes of Health (NIH), wants to make you aware of some FREE resources that I think you and your organization will find extremely informative.

NIDA has developed a Community Drug Alert Bulletin that addresses the latest scientific research on the non-medical use of prescription drugs of abuse and addiction. The bulletin summarizes the emerging problem in our country and the disturbing trend of non-medical use of prescription drugs. It is geared for parents, teachers, counselors, school nurses and health professionals who are associated with those at risk of prescription drug abuse for non-medical purposes.

NIDA has also produced the "Research Report Series on Prescription Drugs Abuse and Addiction" and a companion laminated "Commonly Abused Drugs" chart. The laminated reference card provides information about most major drugs of abuse, their commercial street

names, their short-and long-term effects, their modes of administration, and their Drug Enforcement Administration (DEA) controlled substances schedules. The research report describes the consequences of prescription drug abuse and reviews recent research in this area.

Please visit <<http://www.drugabuse.gov>> or call (800) 729-6686 to order these FREE publications and resources. Please do not hesitate to contact the name below if you need assistance.

To order bulk publications, please contact Kellyn Hickey at the address below. She will be glad to take care of your order.

Kellyn Hickey  
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Rockville, MD 20852

## MEMBER NEWS

### Newest Member

At 3:10 PM EST on June 1, 2006 Olivia Paige Woodruff entered the world to the awaiting arms of her parents Chris and Eloise at Maryview Medical Center, Portsmouth. Birth Weight: 7 lbs 5 oz, Length: 20 inches. Mom and baby are doing great. Dad is still shaking

### VSHP Loses A Dear Friend

Bob Hale of Culpepper died September 12th at his home. Bob was a long time member of VSHP and VPhA. He was a regular attendee at VSHP's seminars.

He had Pulmonary Fibrosis, an illness that grew worst within 6 months of his death. He was first diagnosed 6 years ago. Bob was born and raised in West Virginia.

Bob was Director of Pharmacy at Culpepper Regional Hospital for well over 30 years and continued to work part-time after retirement. In fact he was working one day a week while in his 80's. We will miss him and his contribution to pharmacy.

# MEMBERSHIP APPLICATION

## Personal Data

Name \_\_\_\_\_  
(First) (M) (Last) (Jr/Sr/III)

Address \_\_\_\_\_  
(Street Address) (Apt. #)

\_\_\_\_\_  
(City) (State) (Zip Code plus four)

Home Phone Number ( ) \_\_\_\_\_ Email Address \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Sex: M / F  
( M o ) ( D a ) ( Y r )

VA State License Number \_\_\_\_\_ Recruited By: \_\_\_\_\_

## Practice Site

Name \_\_\_\_\_  
(Name of Practice Site)

Address \_\_\_\_\_  
(Street Address) (Suite)

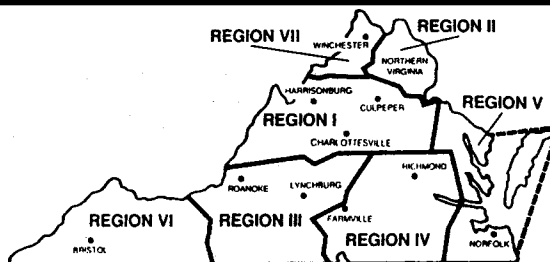
\_\_\_\_\_  
(City) (State) (Zip Code plus four)

Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_ Email \_\_\_\_\_

<b>Type of Practice Site</b> <small>(please select one)</small> <input type="checkbox"/> Hospital <input type="checkbox"/> Managed Care <input type="checkbox"/> Home Health Care <input type="checkbox"/> Long-Term Care <input type="checkbox"/> Community Pharmacy/Retail <input type="checkbox"/> School of Pharmacy <input type="checkbox"/> Government <input type="checkbox"/> Industry <input type="checkbox"/> Other: _____	<b>Job Title</b> <small>(please select one)</small> <input type="checkbox"/> Director of Pharmacy <input type="checkbox"/> Assistant or Associate Director <input type="checkbox"/> Staff Pharmacist <input type="checkbox"/> Clinical Coordinator <input type="checkbox"/> Other Supervisory Position <input type="checkbox"/> Clinical Pharmacist - Specialist <input type="checkbox"/> Consultant Pharmacist <input type="checkbox"/> Faculty <input type="checkbox"/> Resident/Fellow <input type="checkbox"/> Technician <input type="checkbox"/> Student/Intern <input type="checkbox"/> Other: _____	<b>Specialty Area of Practice</b> <small>(please select one)</small> <input type="checkbox"/> Acute/Critical Care <input type="checkbox"/> Admin/Management <input type="checkbox"/> Ambulatory Care <input type="checkbox"/> Clinical <input type="checkbox"/> Consulting <input type="checkbox"/> Disease Management <input type="checkbox"/> Drug Information <input type="checkbox"/> Endocrinology <input type="checkbox"/> Geriatrics <input type="checkbox"/> Home Health/Infusion <input type="checkbox"/> Infectious Disease <input type="checkbox"/> Inpatient <input type="checkbox"/> Long Term <input type="checkbox"/> Mental Health <input type="checkbox"/> Nuclear Pharmacy <input type="checkbox"/> Oncology <input type="checkbox"/> Pediatrics/Neonatology <input type="checkbox"/> Pharmacotherapy <input type="checkbox"/> Research <input type="checkbox"/> Sales <input type="checkbox"/> Women's Health/OBGyn <input type="checkbox"/> Other: _____
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## Membership

<b>Membership Category</b> <small>(please select one)</small> <input type="checkbox"/> Active \$ 95.00 <input type="checkbox"/> Joint* \$150.00 <input type="checkbox"/> Associate \$ 95.00 <input type="checkbox"/> Resident \$ 35.00 <input type="checkbox"/> Technician \$ 25.00 <input type="checkbox"/> Retired \$ 25.00 <input type="checkbox"/> Student* \$ 10.00 Anticipated year of graduation: _____	<b>Local Chapter</b> <small>(please select one)</small> <input type="checkbox"/> Region 1 <input type="checkbox"/> Region 2 <input type="checkbox"/> Region 3 <input type="checkbox"/> Region 4 <input type="checkbox"/> Region 5 <input type="checkbox"/> Region 6 <input type="checkbox"/> Region 7 <input type="checkbox"/> Region 8 (Students)
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\*If applying for joint membership, please complete an application form for self and spouse. If applying for student membership, please include a photocopy of current student I.D.

Send completed application and check made payable to VSHP to P.O. Box 2567, Fairfax, VA 22031-2567.

2006 Fall Seminar • continued from page 1

As a bonus to interested persons, VSHP sponsored a Break-Out Session focused on Technology. Rodney Stiltner, PharmD, Associate Professor, VCU and Chris Woodruff, BS Pharm, Project Lead for Barcoding Patient Safety, Bon Secours Health System hosted a roundtable discussion entitled *CPOE, Smartpumps, and Barcoding*. After their roundtable, Rhonda Liberto, PharmD, Medication Safety, Sentara Healthcare discussed *Medication Safety: NOT an Army of One*. Both of these sessions were well attended and the information presented was new and innovative. There was an overwhelming request to present more of these types of break-out sessions.

Lunch was 'on your own' and attendees found several great places to eat in the local area. Many attendees made a quick shopping trip to the adjacent MacArthur Center Mall, but returned in time for the meeting's final two presentations. Bobbie Bullock, PharmD, Kindred

Pharmacy Service, discussed *Transition to Long Term Care: What You Can do for the Patient*. The final topic presented was a group effort by pharmacists from Children's Hospital of the King's Daughters. James Dice, PharmD, Eloise Woodruff, PharmD, and Kimberly Huber, BS Pharm taught the attendees about *Respiratory Syncytial Virus (RSV): Treatment and Prophylaxis in the Pediatric Patient*. So ended another VSHP Fall Seminar. If you were there, you know what a great event it was. If you missed it, be sure you don't get left out. Plan to attend the Spring Seminar to be held on **April 12-14 at the Wintergreen Resort**.

**SAVE THE DATES**  
**Virginia Society of Health-System Pharmacists**

**2007 Lobby Day**  
 February 8  
 St. Paul's Episcopal Church  
 Richmond

**2007 Spring Seminar**  
 April 12 -14  
 Wintergreen Resorts

**VSHP Board Retreat**  
 June 8-9  
 Hampton Inn Col Alto  
 Lexington

**2007 Fall Seminar**  
 October 4-6  
 Embassy Suites Hotel  
 Hampton Roads Convention Ctr

Address Service Requested

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